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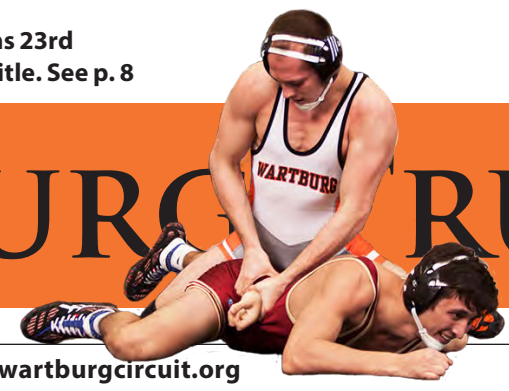
Wrestling wins 23rd consecutive title. See p. 8



WARTBURG TRUMPET

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THIS IS DRAG

JESSICA GRANT *EDITOR-IN-CHIEF*
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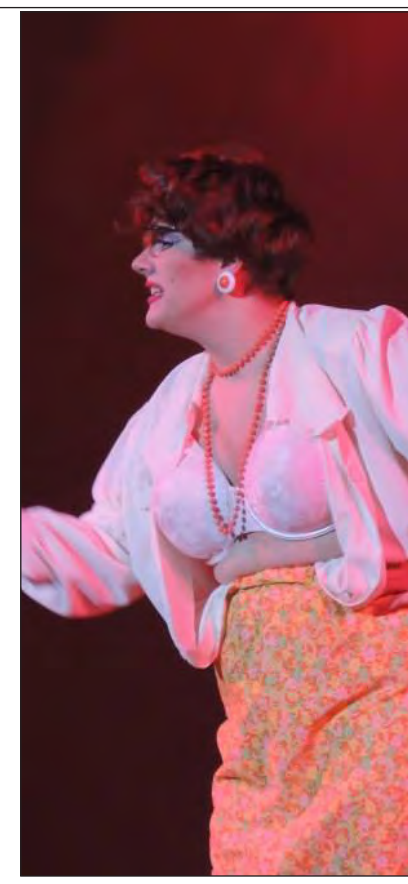

A show unlike any other is coming to Wartburg. It involves high heels, scruffy beards and bright lipstick. There might be lip syncing, '90s music and faculty dancing on stage. Short skirts and suspenders could be involved. And the show will definitely have the opportunity to celebrate self-expression. They call it drag.

The 2015 drag show at Wartburg College will be on Feb. 21 in Neumann Auditorium. Alliance, the campus' LGBTQ support and advocacy group, is coordinating the show as part of Gayla Week.

"The point of Gayla Week is to celebrate the LGBTQ community at Wartburg – all of the LGBTQ and ally students, faculty and staff that we have here. The drag show is a super-fun way to do this," Kate Huffman, president of Alliance, said.

Drag is a way for people to challenge the restrictions of a gender binary system. It allows individuals freedom of expression.

"Essentially, drag is dressing in clothing that is not related to your assigned or preferred gender as a way to perform or exaggerate gender stereotypes," Cassandra Hales, Alliance adviser, said.

Students, faculty and staff are encouraged to apply to perform in the show. Applications can be found at www.wartburg.edu/alliance/ and are due by Feb. 11.

Professional drag kings and queens will also be performing. However, Huffman thinks it is the most fun to see people she knows personally on stage.

"Who wouldn't want to see their professor lip syncing to Britney Spears and dancing around on stage?" she said.

The theme for the show this year is "gaY2K – Party like it's 1999!" Events throughout the week will also be part of the '90s theme.

Hales said the drag show is Alliance's biggest fundraiser of the year. Some of the funds that are raised will help support future educational events, but part of the funds will also benefit a LGBTQ non-profit organization.

According to Huffman, Wartburg's drag show is one of the largest indoor drag events in the state of Iowa.

"I think that's a great show of support from Wartburg and our local community," Huffman said.

"I want everyone to have a great time…We will also be incorporating information about the history and importance of drag, as well as information about Alliance."

According to TQS Magazine, drag has existed for centuries and is by no means a new phenomenon. From ancient Roman literature to Shakespearean theatre, it has been an outlet for creative expression and a way for people to explore their sexual identification.

In the U.S., the gay rights movement is said to have begun in 1969 after a fight broke out at the Stonewall Bar in New York, according to TQS Magazine.

Police raided the gay bar but the drag kings and queens fought back.

Huffman said this event was integral to the development of drag shows.

"Drag is an important part of LGBTQ culture and history, as drag queens have played huge roles in the LGBTQ rights movement, such as the Stonewall Riots," she said.

From left: Grace Clark, Elise Reinert and Anna McMullen perform. —**Submitted photo**

The drag show last year featured a number of different acts and characters. —**Submitted photo**

Drag queen Jim Raymond performed in the 2014 drag show. —**Submitted photo**

The 2014 theme, Cabaret, showcased dancers, singers and comedy acts. —**Submitted photo**

2015 Winter Term enrollment sees lowest numbers since 2003. See page 2 for article.

Low Winter Term enrollment

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Wartburg's overall Winter Term enrollment is the lowest it has been since 2003 according to Dr. Edith Waldstein, vice president for enrollment management.

Last semester there were 1,661 full-time students and there are now 1,560 students. This is a difference of 101 students.

"Ideally, we don't want to lose any student whom we've recruited unless it's really a bad fit or a mistake or something like that," Waldstein said.

There are 22 new students this semester, meaning 123 students dropped out or transferred after fall term.

Although there are 84 less full-time students attending Wartburg now than there were a year ago, Waldstein said a decrease from Fall Term to Winter Term is typical.

The overall retention rate between terms is 95.4 percent. Waldstein said this is normal, but the college is always trying to improve retention.

"We are regularly reviewing data to see where are our weak spots for retention, where are our opportunities, where can we improve and then we act on those," Waldstein said.

The retention rate for first-year students is 89 percent, for second-years it is 95.8 percent, for third-years it is 98.7 percent and for fourth-years it is 99.4 percent.

While Waldstein said the overall retention rate is normal, the rate for first-year students was several percentage points lower than usual.

There is a retention committee on campus that develops programs to try to increase the retention rate. The focus is on how to make attending Wartburg be a satisfying experience for students that enables their success, Waldstein said.

She said in recent years financial reasons have been a growing concern for students and one of the reasons why they say they leave.

"Because we've seen that increase of financial concern as a reason for leaving Wartburg, we took to the Board of Regents a recommendation this fall to have the smallest increase to tuition in over 25 years," Waldstein said.

"It's a challenging step to take because it does mean there is less revenue coming into the college to do all the wonderful things we do at Wartburg."

Even though the Winter Term enrollment has declined and tuition is set at a historic low, she said that, to her knowledge, no cutbacks in academic departments have been planned at this time.

"Every year in the budget building process we take a look at our revenues and our expenses and we have to build our budget accordingly. We look for expense reduction every year, this just makes it a bit more challenging," she said.

Waldstein said the enrollment figures will not be published as the document can be difficult to interpret.

"It's a pretty detailed report and it's not designed to be clear to somebody who doesn't work with those numbers all the time," Waldstein said.

Sen. Chuck Grassley (right) shakes hands with Waverly City Council member Chris Neuendorf. —**Rut Nastiti**/*CEDAR VALLEY TODAY*

Bremer County awarded for Internet

As the Cedar Valley moves forward toward high-speed broadband connection, on Jan. 30 Bremer County was recognized as a "Connected Community" by Connect Iowa.

Only a few communities in the nation achieve this status and even fewer counties are recognized for their commitment.

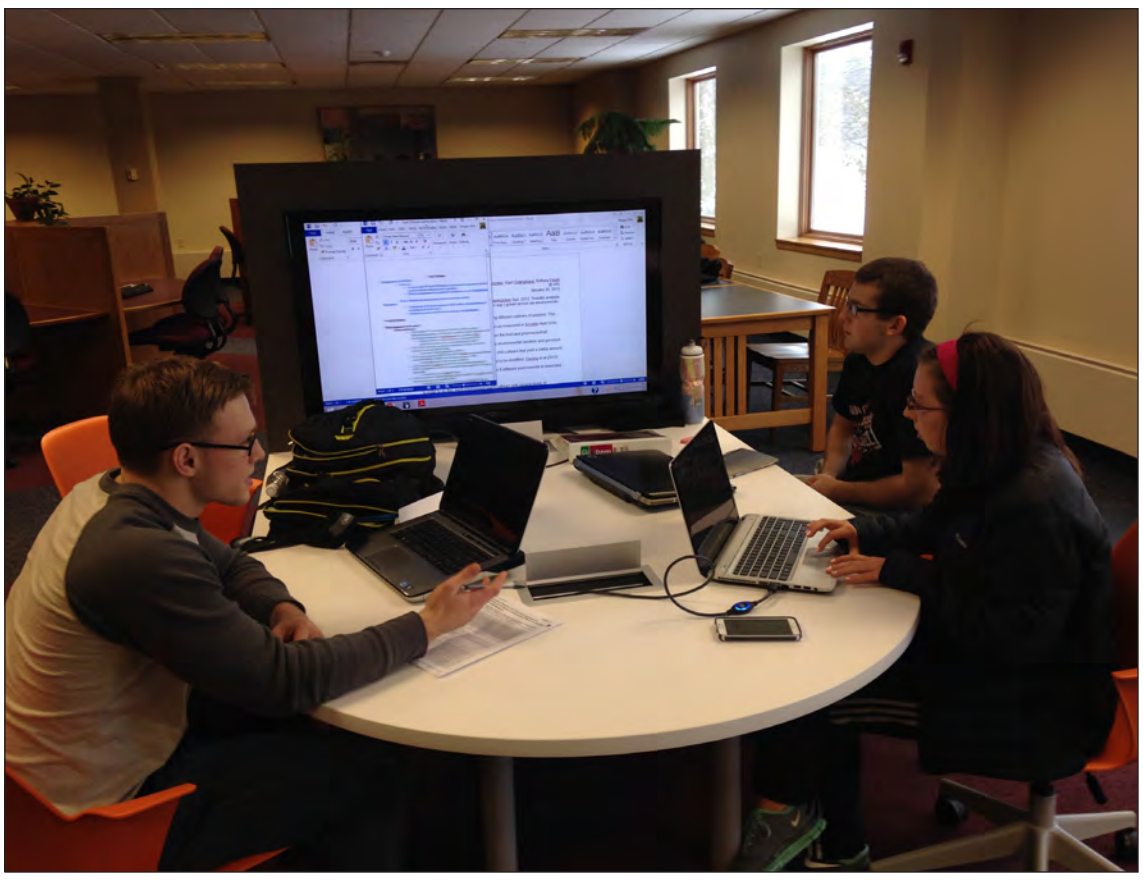
Sen. Chuck Grassley, Iowa Rep. Sandy Salmon and Congressman Rod Blum were among the attendees.

"I cannot imagine how you would get a good education today without broadband," Blum said.

Wartburg President Darrel Colson spoke at the ceremony.

The group gathered in the Castle Room to recognize Bremer County as a "Connected Community." —**Rut Nastiti**/*CEDAR VALLEY TODAY*

Library makes tech updates



From left to right, Connor Devin, Megan Ellis and Jeff Dobrzynski work together in the library using the new technology and group tables which were installed over Christmas break. —**Jeanne Edson**/*TRUMPET*

SYDNIE HUFFMAN *STAFF WRITER*
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The academic year at Wartburg College has brought changes to Vogel Library. Students may have noticed the changes after returning from Christmas break. Vogel Library was redesigned in 2000 but some changes needed to be made, Curtis Brundy, director of Vogel Library and college librarian, said.

The basic infrastructure needed to be changed. Open spaces on the main floor have been modified to create a better learning environment for the students and new furniture has been added.

The technology in the library also needed an update.

Brundy is the head of the operation.

"Students expect a level of technology to be available in the library," Brundy said about the goal of renovations.

The funds for the project came from a collaboration of places. On the third floor of the library, nine new Wi-Fi access points were placed to improve the connection for the students.

The Wi-Fi spots were funded by a collaboration of Information Technology Services and the library itself.

An educational grant from Cargill, a corporation that provides the world with services, agriculture, food and industrial products, was given to Wartburg. This grant was used to purchase the new chairs and tables that can be found on the main floor of the Vogel Library. Along with the tables, there are new monitors that are provided so students can work productively in groups and on presentation skills.

It is a lengthy process to figure the spending for this renovation into the library funds, Brundy said.

Brundy said he has spent a lot of time working with the portions of money and figuring what is best for the students.

The library funds have helped to provide approximately $1,600 worth of new technology that is offered to the students in the library. Among the print resources that are available, it is now possible to check out a laptop and other assorted technology equipment at the circulation desk of the library.

Brundy believes it is important for the space to be resourceful and easy to access for all on the Wartburg campus and in the Waverly community.

"The library benefits everybody on campus," Brundy said.

Brundy, along with Information Technology Services, realized this and have collaborated to bring change to the library.

There are many other resources at Vogel Library for students and even community members to use. As technology becomes more prominent to society, some people believe books and print media are used less. However, according to a study done at the Pew Research Center, those who use their public libraries use both technology and print books. Brundy said it's a prominent goal of Vogel Library to provide both means of resources.

Vogel Library also has archives available.

"To me it is an amazing access that connects the college with a whole swap of people," Brundy said.

Brundy said his goal for the library is to contribute to the students' success and productivity by providing them with the resources they need to become knowledgeable on any subject.

Wartburg presents the Tournées Film Festival

Wartburg French Club and Film Society receive grant to fund festival for third straight year

RACHEL FLYNN *STAFF WRITER*
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For the third year, the Wartburg French Club and the Film Society have teamed up to provide the Tournées French Film Festival.

Fourth-year student Jacklyn Budding helped organize this year's event.

Her role varied from going through the school calendar to pick dates the films can be shown to working with the French film companies to obtain their projection rights.

"I think it will be interesting for students. You get to pick up on their culture because they are different from American films."

—Jacklyn Budding

She said the festival is possible due to a grant the college received from the French government.

Budding said Dr. Vanessa Doriott Anderson, assistant professor of French, applied for the grant during the summer or early fall semester.

"It is very competitive. We were competing against Ivy League schools for it. I think Simpson also has one, but there are very few colleges that are in the Midwest that got them," Budding said.

The grant goes toward all of the expenses the festival incurs, including the costs that go along with obtaining film projection rights.

A list of movies that can be shown is provided with the grant. Budding said it is a sizeable list. Doriott Anderson and Tiffany Louk, president of the French Club, decided which movies to show.

"They try to choose a variety of films covering different genres," Budding said. "'The Past' is more serious. The animated one is more fun, and then 'The French Minister' is comedy. So it is all over the place."

Last year, the Tournées French Film Festival showed five films; this year they will be showing six.

"This year they added the sixth one, and you choose from a classical film. One that is from French history that represents them. The one that we chose for the classical movie is 'The Lovely Month of May,'" Budding said.

Budding believes students will enjoy the films, even if they do not study French.

"I think it will be interesting for students. You get to pick up on their culture because they are different than American films. Getting to hear the actors and the language expands people's cultural experience," Budding said.

From the first to the second festival, attendance has doubled. They are hoping for even more attendees this year.

The Tournées French Film Festival is open to the public.

Each movie starts at 6 p.m., but the location will vary between Whitehouse Business Center 116 and 214. All of the movies are shown in French, but English subtitles will be shown.

The festival has no admission charge and will be showing six different films between Jan. 26 and Feb. 25.

—Julia Ratekin/*TRUMPET*

Fellowship of Christian Athletes is reborn

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Amid all the organizations Wartburg has to offer, Fellowship of Christian Athletes (FCA) has resurfaced due to the efforts of first-year student Breann Bader.

Bader, a multi-sport athlete, had been involved in FCA at her high school, but wanted to start it up again at Wartburg.

"I want to help impact the lives of others the way FCA has impacted me," Bader said.

With the support of Doug Frazell, co-head volleyball coach, first-year student Amanda Stecklein and second-year student Andrea Leisinger, Bader was able to get FCA back on its feet.

"It has been a great success," Bader said.

"I have heard so many positive comments about how people are finally finding God and many others have messaged me saying how thankful they are for FCA."

According to FCA's official website, the organization started in 1954 with a vision "to see the world impacted for Jesus Christ through the influence of coaches and athletes."

While most people would think this organization only pertains to coaches and athletes, Bader disagrees and welcomes people from all aspects of campus whether they know the Lord or not.

"The main goal for FCA is to have everyone on campus find God," Bader said.

"Everyone is welcome, athletes or non-athletes."

Bader is one of the group's leaders and has set goals for her involvement with this organization.

"My personal goals are to see more people find God and stay true to who I am and never be afraid to share my love for the Lord," she said.

By being involved in FCA in high school, Bader's favorite memory was the Fields of Faith event which became a national event in 2006 with over 50,000 people participating, according to the FCA website.

"There will be so many better memories in FCA at college once we have more time to hold events," Bader said.

According to the FCA, the organization is centered around four values: integrity, serving, teamwork and excellence. FCA has enabled followers of the Lord to "open up to God and find their love for Christ," Bader said.

While reflecting on her experiences with FCA, Bader said she has gained a new insight on life.

"It has helped me keep my faith close to God and never lose faith."

By being a leader for Wartburg's FCA, Bader has had the opportunity to see the impact of FCA on the lives of others from multiple perspectives.

"I have seen so many people open up to God and find their love in Christ," Bader said. "It is simply amazing."

FCA's events are usually as follows: first Thursday of the month is a huddle in Levick Arena, second Thursday is Bible study in The W classrooms, third Thursday is a huddle in Levick Arena and fourth Thursday is a service event put on for campus or the community.

Bader encourages anyone interested in participating in FCA to follow their accounts on Facebook and Twitter (@Wartburg-FCA) for more information about upcoming FCA events.

"It is a great way to demonstrate leadership skills and you gain so much knowledge about God and life," Bader said.

With high hopes of FCA growing and new members, Bader said everyone is encouraged to participate in FCA.

"Everyone is welcome to all of the events; bring all of your friends," Bader said. "It's only one hour a week and we love to help you find the Lord."

National FCA logo.— **Submitted graphic**

The Axiom returns

ALLIX WILLIAMSON *STAFF WRITER*
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Axiom, the student-run magazine, has returned to Wartburg's campus this semester.

The tentative release date for the third issue will be during May Term.

A fall issue was not published because of a transition in staff and leadership positions.

"I think Axiom is a fun way for students on Wartburg's campus to plug into other college news," said Jeanne Edson, editor-in-chief.

"It's always fun to take national trends, localize them and see how students on campus are doing things."

Axiom, with more in-depth profiles and inside looks, differs from other news sources on campus.

"The newspaper does a pretty good job of covering current events and such, but sometimes you need more than 500 words to cover a story about a really neat individual," Edson said.

She is excited to see what the future of Axiom will bring from a creative standpoint.

"We have a great team of photographers and designers who are going to add new elements and make it not only appealing story-wise, but visually appealing as well," Edson said.

"You sometimes need a full-page spread just of photos to really capture a story, and we can do that with the magazine."

Green Tip: Save electricity

Courtesy of the EcoReps

Electricity powers the lives of students. From phones to computers to lights to fridges, students use a tremendous amount of energy. This takes a toll on both the environment and on student budgets. Even though students do not directly pay for electricity, they pay for this cost through tuition. Colleges and universities in the U.S. spend an average of $1.10 per square foot. Fortunately, students can take steps to reduce their budgets and their carbon footprints by reducing electrical usage. The following tips can help students initiate a reduction in electric output.

Turn off lights and devices when leaving a room: Turning off electronics is an easy way to dramatically cut electricity usage. If you are not in the room, you do not need the lights or electronics to pretend you are there.

Unplug devices when not in use: Devices continue to use electricity even when they are not running. By unplugging devices, students ensure that they are not using unneeded electricity.

Use natural lighting: Instead of turning on a light to read, consider sitting near an open window. Natural light costs nothing, and it has the added benefit of supplying vitamin D.

Do not leave devices on when not in use: If you are doing homework, there is no need to leave a game paused and running. Instead, focus on electronic devices when they are on and turn them off when they are not being utilized.

Share appliances: If one roommate has a refrigerator or microwave, the other student does not need one as well. Sharing appliances saves electricity and has the potential to bring roommates together.

Heat reasonably: Space heating accounts for 28 percent of total energy use at a college dorm, and keeping the thermostat closer to the temperature outside will drastically reduce this. If you get too cold, blankets or exercise can warm you up.

Use a lamp: Instead of turning on all the lights in the room, consider using a single-bulb lamp.

Keep your laundry cold and your fridge closed: Cold water washes use much less energy than hot water washes because the machines do not have to work to heat the water. Similarly, if refrigerator doors are left open, they need to work harder to keep their space cool.

Plan with purpose

Students should consider not only what classes to take, but why to take them

JUSTIN CROUSE *GUEST COLUMNIST*
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Well, here we are, almost to one of my favorite times of the academic year: scheduling time! While some students and faculty members probably don't enjoy the complexities of putting together a group of classes as much as I do, I think most would agree that this is an important activity for many around campus.

I love this time of year for two reasons. First, it is a chance to check in with some of my advisees that I might not have in class during that particular semester. More importantly, this is a chance to work with students surrounding that age-old question: "What do I want to be when I grow up?"

In the midst of taking classes and being involved in sports, music, extracurricular activities or a part-time job, it can be really easy to put your head down and live minute by minute.

Too often I meet with students who are so focused on getting things completed to meet an upcoming deadline, that they have spent no time thinking about the big picture: "Why am I taking this class to begin with?"

Even bigger than that: "Why am I in college in the first place?" You are here to learn concepts, skills and ideas that will be used in your future.

Whether it is accounting, religion, science, math, English or any of the other courses students take, it is important to think about why you are there.

Believe it or not, there is a reason why Wartburg has students take courses from a variety of academic areas.

A liberal arts education helps students to understand how to learn from a variety of disciplines, which is exactly what you will face after graduation. What happens when that accounting major takes a job with a museum or a wildlife refuge?

In the coming weeks I challenge you to carefully examine the schedule you put together.

What courses can you take to make you a better version of yourself?

Don't just pick what you think will be the easiest. Also, not every class you take needs to "check off a box" for a requirement.

Sometimes the classes we take for the joy of learning give us the most satisfaction.

When I now look back at the time I spent taking Oral Communication, Drugs and Personal Health, Introduction to Film and Graphic Design as a college student, I see how this made me a better-rounded person.

I now use public speaking skills every day in my classes, I understand how various medications affect different parts of my body (at least at the basic level!) and I certainly see artistry in films that I never used to even notice.

To top it all off, an accountant was able to make his own wedding invitations last spring and they didn't even look half bad!

None of these courses counted toward my major or minor but I have been able to use concepts from these courses frequently since I have graduated.

Did I see that possibility while taking them? Absolutely not.

What courses can you take now that might help you become who you want to be when you grow up?

Mothers concerned about mental health care

CALYN THOMPSON *GUEST COLUMNIST*
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I had the chance to talk with two mothers who have had first-hand accounts with Iowa's mental health care system.

These two mothers, Laura Harreld and Joan Becker, are both too familiar with the struggles facing families dealing with mental illness.

Laura Harreld's son, Steven Harreld, suffered from bipolar disorder, depression and substance abuse. On Aug. 23, 2014, Steven Harreld took a deputy's gun during a discharge from Palmer Lutheran Hospital and shot himself. He was pronounced dead at the scene.

Joan Becker is the mother of Mark Becker. On June 24, 2009, tragedy struck when Mark Becker murdered long time Aplington-Parkersburg football coach Ed Thomas. Mark Becker was diagnosed with paranoid schizophrenia after the murder conviction. He is being treated at the Iowa Medical and Classification Center in Coralville.

Iowa Gov. Terry Branstad has proposed closing two of the four mental health institutes in Iowa: one in Mount Pleasant and another in Clarinda. The proposal was called illegal by legislators later in the week.

After hearing about his proposal, both mothers had many concerns.

"When a person has a brain disorder, pressures and triggers may cause a psychotic break," Laura Harreld said.

"When this happens, residential facilities are a necessity. Medication, therapy, rest and focus on the patient help to restore a sense of balance that the patient can manage."

Joan Becker said that people don't fully understand the situation until they've been in it themselves.

"I would say, you [Gov. Branstad] go look in the faces and sit down and talk face to face with these families and these individuals that do need help," Joan Becker said.

Both mothers agreed that communication in the mental health care system is crucial and needs to be improved in order to prevent tragedies from happening.

"Communication between doctors, family members, counselors, sheriff's departments, police departments and parole officers is another critical aspect of support and health care for persons who are struggling with mental illness," Laura Harreld said.

"There's no accountability and there's no treatment plan, a holistic treatment plan, that includes all aspects: the social aspects, the educational, the spiritual, the doctors that are involved, the law enforcement that are involved," Joan Becker said.

Joan Becker said there are many concerns with our mental health system in place today and that she's "been too disappointed in the past by promises that were always broken." Joan Becker's advice to individuals and families dealing with mental illness is to not take no for an answer.

"Be persistent in getting care for your individual. Get connected with other individuals and families going through mental illness," Joan Becker said.

Choice Tweets

If someone wants to bring chocolate and hold me until I fall asleep, I'd really appreciate that. #singleasapringle

The only warm fuzzy feeling I'll be getting on Valentine's Day will be from railing some vodka. #feelfreetojoin

Got the courage to talk to my crush tonight finally...she still barely knows me but at least I did something! #topoftheworld

The walks of shame are even more fun to watch when there's all this snow on the sidewalk. #iseeyou

Snow is not cool. #sopunny #butstop

Should I buy gas to get to my unpaid internship? Or should I buy food so I don't starve? #thestruggle

The fact that security will pick you up from D Lot makes Wartburg #worthit

So much pizza and so many high schoolers! #choirweekend

Ate a cool cookie for dinner. And that's all. #yolo #hardcore

Opened a new jar of peanut butter and my day was instantly made better. #simplethings

Friday afternoon naps are the best! #snuggly #weekend

Trumpet

Produced weekly by students at Wartburg College, 100 Wartburg Blvd. Waverly, Iowa 50677

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Letters to the editor are subject to editing without changing the meaning of the letter. Authors will not be notified of changes prior to publishing. Letters must be signed, fewer than 500 words, submitted by 9 p.m. Thursday and related to current issues in the Wartburg community. Letters may be sent to the journalism and communication office or emailed to jessica.grant@wartburg.edu. Please type "Letter to the Editor" as the subject line. Publication is at the discretion of the editor.

Students support Cedar Valley

'CedarValley Deeds' works to improve community

OLIVIA JANSEN *STAFF WRITER*
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A new project in the Exploring Elements of Leadership class has influenced students to complete good deeds around campus and in the Waverly community.

Students have been given a period of time to complete a good deed for members of Wartburg College or community members within the Cedar Valley. They have complete freedom to do whatever type of deed they want. After completing their random act of kindness they are required to post about it and their experience on the Facebook page that sparked the project idea.

CedarValley Deeds, the Facebook page dedicated to sharing good deeds that people have done throughout the area, was the inspiration for the project. Leadership Professor Amanda Sanderman first learned about the page just over a year ago.

"At that time, CedarValley Deeds was a profile, not a page, and you were able to 'friend' the page to keep up on posts. Because I was the 'friend of a friend' of the original founder of CedarValley Deeds, it appeared on my timeline," she said.

The page was started by a founder from the area who wishes to remain anonymous. He strives to keep the focus of the page not on him, but on the act of paying it forward. He was inspired to start CedarValley Deeds because of his desire to help others and to try and get more people into that mind-set.

For him, expanding the organization to Wartburg just made sense in order to reach a younger generation.

"I truly believe that there really isn't a better place to have CedarValley Deeds expand," he said. "There are young adult minds full of fresh ideas from all over the country. If it can start with them it has no limits!"

Part of the leadership program is the concept of triangulated learning which includes traditional learning, peer learning and experiential learning. Sanderman said traditional and peer learning are often easy to accomplish but experiential is somewhat harder to include in the course.

"I wanted to ensure that my course was able to utilize all three approaches," Sanderman said.

"I wanted an experiential learning component that would introduce students to the idea of altruism and servant leadership, yet still fit within the context of the course. CedarValley Deeds was a perfect fit for this."

Alyssa Hewitt, a second-year student, has already found a lesson to take away from the project.

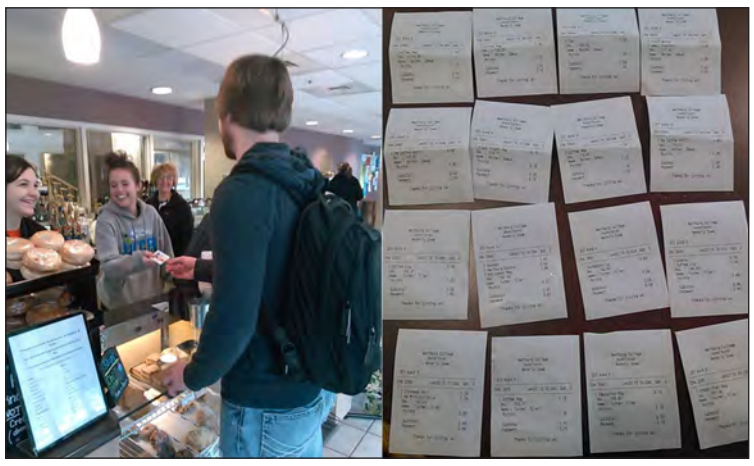
"I think it's a good way to learn about other people in the community and that different people have needs different than our own. If we are able to help them we should," Hewitt said.

Although there already have been many posts on the page about deeds ranging from leaving extra quarters in the laundry room to buying someone's meal at the Den, Hewitt said one stuck out to her.

"I liked the deed where people put candy and a note on some study tables and desks for people who needed a study break or a little pick-me-up," Hewitt said.

Sanderman hopes that her students will continue to find ways to serve their communities after the project finishes.

"This project will ideally give students a small taste of the wonderful feeling of accomplishment and pride that one can take in providing an anonymous act of kindness for someone else," she said.



One Facebook post from Tyler Turner said, "This morning Sam Reiher and myself went into the Konditorei at Wartburg College and gave them our cards and told them to pay for the next $35 to $40 worth of items that people bought. We were told that at least one person was going to pay with cash and ended up donating that money to pay for the next person's. This was good to hear because it made us realize our good deed inspired at least one other good deed. We asked the employees to give the customers a slip of paper that told them to have a nice day and encouraged them to like this page and post about their experience." —**Submitted Photo**

Winter weather upkeep

ALYSSA NOBLE *ASST. SPORTS EDITOR*
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Winter in Iowa is one of unpredictability and danger. Below freezing temperatures give way to sunny warm days and can revert into blizzards soon after. These extreme conditions can prove to be very dangerous for travel—not just by car, but on foot as well.

Car accidents are seen on the news and schools are cancelled to limit such dangers, but for a residential school that doesn't accommodate such delays or cancellations, how are students supposed to travel safely?

Fortunately, most of Wartburg's students have a short trek to class from the safety of their dorms. This small distance is not without worry. Even a small distance can be dangerous due to slippery sidewalks. Slipping on sidewalks can cause injuries ranging from a few bumps and bruises to more serious injuries, such as broken bones and concussions.

Wartburg's maintenance and cleaning crews make it their mission to prevent such injuries.

Scott Sharar, director of maintenance and cleaning, said that a lot of preparation goes into keeping the paths around campus free and clear from snow and ice.

"The maintenance staff, and in some cases the cleaning staff, are responsible for cleaning the entry areas of each building they are responsible for. They shovel far enough away from each entrance to allow the grounds crew to access the area with larger equipment. The grounds crew uses front-mounted plows to clear all sidewalks on campus and on our surrounding property," Sharar said.

These procedures are done thoughtfully as the maintenance crew takes into consideration the needs of the students and staff on Wartburg's campus.

"[The maintenance staff] starts their morning at The W because that is the first building to open. Then they clear the sidewalks between the residence halls and Saemann Student Center to allow students to get to breakfast. From there, they clear the rest of the center campus and move outward from there. After entrances and sidewalks are cleared, ice melt is spread wherever it is needed," Sharar said.

Wartburg's maintenance crew, which consists of 20 Physical Plant employees and several student workers, is responsible for the sidewalks and entryways. The college pays for an outside contractor to clear the parking lots and streets on campus.

Sharar stated that this year the college has had less snow than in the last several years.

Even though there has been less snow than normal, this does not mean that traveling on campus in potentially icy conditions should be taken lightly.

While the maintenance crew works hard to keep the paths on campus safe, there are still times when ice can develop, making the paths potentially dangerous.

There are several ways to protect yourself from winter weather related accidents. The Iowa Municipalities Worker's Compensation Association has several useful tips for preventing slips and falls.

Their first tip is to wear appropriate footwear. Avoid shoes with smooth soles or shoes that already make a person less stable, such as high heels. Instead, wear sturdier shoes with traction, like boots. Keep an extra pair of shoes in your backpack to change into if you would rather not wear boots in class.

Second, keep your hands clear. This not only allows you better balance and the ability to help catch yourself if you begin to fall, but it also allows you to hold on to railways to keep you from falling.

Finally, take your time. While it might seem necessary to rush to class, it is more important that you make it there safely. Move slowly and keep an eye out for dark areas on the sidewalks that could indicate ice.

Iowa winters can be dangerous, but with the help of the Wartburg maintenance, Wartburg in winter doesn't have to be so treacherous.

Bringing music legends back to life

DAN HAACK *KNIGHTLIFE EDITOR*
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Don McLean made Feb. 2 as the day the music died after musical legends Buddy Holly, Ritchie Valens and Jiles "The Big Bopper" Richardson died in a plane crash.

While McLean's song "American Pie" carries on the trio's legacy, people have honored them in other ways. Their final performance lives on in John Mueller's Winter Dance Party.

"John Mueller's Winter Dance Party is an experience designed to be reminiscent of the Buddy Holly, The Big Bopper, and Ritchie Valen's Winter Dance Party Tour from 1959," Caitlin Hurban, assistant production manager in Neumann Auditorium, said.

"The band includes performers who impersonate the famed personalities."

> *"I sincerely hope that this performance awakens nostalgia in our patrons who were fans during the time of the 1959 Winter Dance Party Tour, as well as exposes new listeners to the sounds of a classic decade."*
>
> ***—Caitlin Hurban***

Hurban said this event was brought to Wartburg through the efforts of the Artist Series executive team.

Buddy Holly, The Big Bopper and Ritchie Valens all played their last show in Clear Lake, Iowa, on Feb. 2,1959, Hurban said.

"We are aiming to share a wonderful experience that is reminiscent of the electric performance that took place in the Surf Ballroom," Hurban said.

As of 2010, John Mueller's Winter Dance Party was the only show endorsed by the Holly, Valens and Richardson estates, Hurban said.

Tickets for the show are listed at www.wartburg.edu/artist.

The Feb. 2 concert is in Neumann Auditorium at 7:30 p.m.

Winter Dance Party has performed on tour throughout the United States and Canada for more than 2 million people.

Hurban said she has never experienced the show, but is enthusiastic about witnessing it at Wartburg.

"I sincerely hope that this performance awakens nostalgia in our patrons who were fans during the time of the 1959 Winter Dance Party Tour, as well as exposes new listeners to the sounds of a classic decade," Hurban said.

For more information, contact the Wartburg College Artist Series at artistseries@wartburg.edu.

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Security team offers services to students

Wartburg security not only keeps students safe, but gives helping hand

ELIZABETH LAVENZ *STAFF WRITER*
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You see them every day: neon orange coats, grey shirts and black pants. They help the scared, the locked out and those in need. They are campus security. Often when campus security is mentioned people think of the safety of the college. But have you ever taken the time to learn about the men and women who help the students and staff?

John Myers, head of campus security, was able to talk about the men and women in orange.

While the goal of campus security is to protect the campus and enforce federal, state and college-level rules and regulations, they are available for other services as well.

When it comes to the breakdown of security staff, there are usually 11 other people on staff with Myers as the head.

Cyril Klein and Judy Rinnels are in charge of ticketing while Susan Lenius is the secretary.

The other eight security staff are those who do patrols and other necessary jobs such as escorts to and from the parking lots, room lock-outs, emergency transportation and transportation to doctors' appointments.

The college website also lists jobs such as responding to criminal and non-criminal incidents, routine patrols of the campus, monitoring the boiler of each building and checking for any problems, such as carbon monoxide.

Myers said in order to become a campus security officer one must have a high school diploma and be able to work independently as well as in a group.

He or she also needs to be able to work well with people of all ages, but especially with young people. There is no formal training, such as police training, that applicants have to take.

Myers said his favorite part about his job as head of campus security is being able to help.

He said "a good cup of coffee and being an integral part of a program that allows students to be safe and finish their education" is important to him.

Myers said his job is getting more difficult as time moves on.

"The increasing amount of federal regulations that dictate what colleges and universities have to do in order to keep their campuses safe [makes it difficult]," he said.

Students can take advantage of several services that security offers, Myers said. Myers mentioned My Safe Campus and bike registration. He said these services allow the campus to be safer and only take a few minutes to sign up for in the security office.

While these services help to decrease crime, they do not get rid of crime completely. According to the 2014-15 Wartburg College safety report, there were five thefts reported to campus security in 2013, six thefts in 2012 and seven thefts in 2011.

Campus security works around the clock to make sure students have a safe experience while they're at Wartburg. —**Dan Haack**/*TRUMPET*

While security is always willing to help, there are some simple tasks that you can do to help stop crime on the Wartburg campus. Myers said suggestions include never leaving electronics and other personal belongings out in the open, being aware of your surroundings and speaking up if you think anything may be wrong.

Those interested in learning more about campus security can look for information on the Wartburg website or stop by the security office and ask for help.

Date Auction helps service trips

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During winter break, some students volunteer their time by participating in service trips.

Students raise money to help financially support their journeys.

One way to do this is by holding a "Date Auction." Like a normal auction, the Date Auction has students place bids on people to have a get-together with them. The activity and location of the date is chosen by the volunteer.

The money all goes to help fund the winter break service trips.

Matt Gruemmer and Marcus Schmidt collectively earned the highest bid offer. Two people bid a total of $160 to have a home-cooked dinner date with them.

The Date Auction raised a total of $553.

Angela Zook performs music from "Jaws" on the tuba as her talent. —**Brady Frieden**/*TRUMPET*

Sierra Lovato (left) auctions herself off for a date at Scratch Cupcakery. —**Brady Frieden**/*TRUMPET*

Seasonal homesickness

JORDAN THOMAS *STAFF WRITER*
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As students settle into the semester, one student is not having as easy of a transition as others. First-year student Sara Sanderson has been struggling to become comfortable back on campus after her three-week break.

"Transitioning back to this semester, I knew it was going to be a lot tougher because my classes are going to get harder," Sanderson said. "Being that softball starts Feb. 1, I knew my extra time was going to be focused on softball which is kind of stressful knowing that there will be less time to get things done, homework-wise."

With all this on her plate, Sanderson began feeling homesick within the first week back. Her homesickness increased to an overwhelming feeling throughout the next few weeks. Her friends and roommate really started to take notice.

"My friends Alicia, Levi, Zane and Stephen now, too, are all really supportive and they just know when I'm upset and they are just like, 'OK, let's just do something fun,' because if you are just doing homework all the time it's not going to help you feel better," Sanderson said.

Sanderson is not the only student dealing with this type of homesickness. As the season changes, people are more susceptible to seasonal affective disorder. According to an article in the Des Moines Register, seasonal affective disorder is a type of depression related to the changes in the seasons and it peaks from December to February.

The condition is primarily caused by a reduction in sunlight which leads to a decreased level of serotonin, a chemical in the brain that affects mood. High levels of the hormone melatonin are produced during increased periods of darkness, which leaves some people more lethargic and tired.

The most common symptoms include irritability, fatigue, sleepiness, increased appetite, weight gain, withdrawal from social situations, lack of interest in normal activities and a change in school or work performance.

"I think about three or four of them fit me. I would definitely say the weight gain and since being back I don't like to be alone. I just get so lonely. I have low ambition, too," Sanderson said.

The online version of the Penn State Beaver stated that the majority of college students who end up with seasonal affective disorder are first-year students. First-years are more susceptible to seasonal affective disorder because of the increased stress that comes from being a college student.

The dark dorm rooms are also a problem, according to the Penn State Beaver. One way to treat this condition is through light therapy. Sanderson said, "I spend less than an hour outside if I'm just going in between classes." The Des Moines Register stated that getting out in the natural sunlight has the best benefits.

Exercise can also be a successful way to relieve the symptoms of seasonal affective disorder. Exercise releases endorphins, which are the feel-good hormones. An article from http://annarbor.com said student-athletes are less susceptible to seasonal affective disorder because they engage in regular exercise. "I'm in softball and the girls are really supportive. They are definitely my sisters," said Sanderson.

If you have trouble with homesickness, you can schedule an appointment with Stephanie Newsom, director of counseling services, on the third floor of Vogel Library.

Track and field triumphs at home triangular

Men dominate third indoor track meet of the season

ALYSSA NOBLE *ASST. SPORTS EDITOR*
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The No. 19 Wartburg men's track and field team won their Wartburg Lutheran Triangular Saturday.

The Knights tallied 268 points, beating St. Ambrose (186) and Grand View (173).

Wartburg won 10 events.

Dallas Koppes won the 400 meter dash in 50.94.

Wartburg took the first four places in the 600 meter run with Nick Green taking first with a time of 1:23.23. Cody Snider came in second with 1:23.40, followed by Levi Dolphin with 1:23.61.

Ryan Hermsen took the 800 meter run in 1:59.47 and the mile in 4:19.64. Chase Moser took second in both the 800 meter run (2:00.97) and the mile (4:22.62).

The 1,000 meter run went to Zach Marpe, who ran it in 2:43.08, followed by teammate Colten Schnetzer in 2:44.74.

Wartburg captured the first four spots of the 3,000 meter run with Eli Kaczinski taking first in 8:59.20. Following Kaczinski was Leander Scott (9:16.84), Kailas Kokare (9:17.08) and Mitchell Black (9:27.56).

Wartburg won one hurdle event with Alex Gilmore claiming the 60 meter hurdles in 8.62 seconds, followed by teammates Ben Cuvelier (8.66) and Nicholas Dugger (9.08).

Wartburg also won the distance medley with a time of 11:11.84.

Ben Coleman runs toward the finish line in the men's 4X400, the final race of the Wartburg Triangular, Saturday. —**Alyssa Noble**/*TRUMPET*

Colt Feltes won two throwing events: the weight throw (17.44 meters) and shot put (17.60 meters).

Andy Bellamy took second in the shot put with a throw of 15.24 meters.

This week's tournament was the last meet for the team to get their footing. Next week the team is going to have to progress to the next level, Wartburg head coach Marcus Newsom said.

"It's really the time to make that transition now," Newsom said. "To take those next steps. I think we're close."

Wartburg will host the Wartburg Select this Friday and Saturday. The event will include some of the best teams in the country.

Newsom knows that in order to compete against these teams, this week's practice is going to have to begin the next level for his team.

"Now we have to take the next step in practice," Newsom said. "I think we're ready."

The Wartburg Select begins Friday at 3 p.m. in Hoover Fieldhouse with the men's heptathon and reconvenes Saturday at 8 a.m. for the rest of the heptathon.

Field events start at 10 a.m. Saturday and running events begin at 1 p.m.

Women preparing for next weekend

ALYSSA NOBLE *ASST. SPORTS EDITOR*
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It was another victory for the Wartburg women's track and field team at their own Wartburg Lutheran Triangular Saturday in Hoover Fieldhouse.

Wartburg put up 279.67 points. Second place was St. Ambrose with 209.83, followed by Grand View with 163.5 and North Iowa Area CC with 8.

The Knights won eight events.

Erica Dynes won two events: the 60 meter dash in 7.88 and the 200 meter dash in 26.91.

The Knights took the first six places in the 400 meter run. Kayla Kregel won the event with a time of 1:00.04. Following Kregel was Kaitlyn Mulenbruch (1:00.29) in second and Elizabeth Duehr (1:00.34) in third.

Taylor Moore won the 600 meter run in 1:37.08 and teammate Taylor Officer came in close behind with a time of 1:37.62.

Meghan Silbernagel won the mile in 5:22.92. Coming in second was Dakota Tell with a time of 5:23.26.

Kelsey Miner took the 3,000 meter run for the Knights with a time of 11:31.5.

In the women's 4X400 meter relay, Wartburg's A team took first and the B team took second.

Wartburg took the first three places in the pole vault with Michelle Johnson on top (2.60 meters), followed by Sam Larson and Allie Munday who tied for second with jumps of 2.45 meters.

"I feel good about where we're at," Wartburg head coach Marcus Newsom said. "I really feel that there were some performances that were improvements, but there were also some performances today where we settled in and just didn't risk it a little bit. Next week with the teams that are here we're going to have to risk it."

Wartburg will be competing with some of the top teams in the nation next weekend when they host the Wartburg Select.

According to Newsom, "It's time to compete."

Newsom believes that the right way to motivate his team to perform at their best is to show them faith.

"We always say that we believe in them, and to have a short memory," Newsom said. "I don't see any progress in an athlete feeling that their coaching staff doesn't believe in them."

He knows it is important for his players to know their coaches have their best interests in mind and support them.

"That doesn't mean I'll always make them feel warm and fuzzy, but when they walk away they know I love them and that I care about them and I want what's best for them," Newsom said.

Wartburg overcomes turnovers to snap losing skid

NATHAN FORD *SPORTS EDITOR*
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Following a third straight loss Wednesday night at Loras, a handful of Wartburg men's basketball players had to push the team bus out of a rut.

Saturday at Simpson, it was the offense that needed a collective shove, and the Knights did just enough to get back on the winning track with four players in double figures.

Head coach Dick Peth called timeout with 3:41 to go and his team trailing 65-62 to isolate Jordan Cannon on the wing. The team's leading scorer elevated just enough to get a shot in the lane off and in over Dillon Gretzky, then Nate Woeste used a crossover for a stepback jumper in the corner on the next possession.

The Knights (11-8, 4-4) took a 66-65 lead and closed the game on a 12-2 run for a much-needed 74-67 victory over last-place Simpson (6-13, 1-7).

"Second half, we had guys making plays when we had to," Peth said. "I thought our execution was probably the difference in the outcome."

A 7-0 Storm run capped by three of Charles Swain's game-high 25 points had the 411 fans in attendance wondering if Simpson was about to end a five-game losing streak as it took a 56-50 lead with 7:53 left.

That's when senior forward Clay Cook went to work. He scored five points to put the Knights up 50-49 before the Simpson run, then used two straight post moves for buckets to slice the lead to two.

Following two Swain free throws, Nick Webber hit a 3-pointer, part of his team-high 18 points, to bring the lead to one.

Then Cook, who totaled 11 of his 12 points in the final frame and also had 12 rebounds, scored again inside to respond to Austin Turner's free throws on the other end.

"We're gonna be as good as our seniors," Peth said. "We got in a situation where we were in the bonus and could isolate Clay down low and he made some great moves in the second half over both shoulders."

Cannon connected on two free throws to put the Knights in front, but Simpson answered with a Turner 3-pointer and an acrobatic layup from DJ Dafney.

The Storm went cold from there, making one of their next six shots.

Meanwhile, Wartburg got two free throws from Dan Van Groningen after an aggressive offensive rebound, a layup on a hard baseline drive by Nate Woeste, then 2-of-2 charity-stripe trips from Woeste and Webber to close it out.

Woeste had 16 points and made all three of his 3-point attempts following a career-high 17 in a 74-57 win over the Storm two weeks ago.

"When we got to crunch time, it was a great team effort," Peth said. "We had a lot of guys making plays."

Turnovers were a problem after Wartburg took a 35-33 lead into the halftime break. The Knights handed the Storm the ball on four straight possessions, contributing to an 8-2 lead that saw Simpson go up four.

In total, there were eight turnovers in the first 7 1/2 minutes of the second half against a Simpson four-guard lineup that only produced four in the first half.

"Lack of focus," Peth said. "Give them credit, yes, but mentally we've got to be on edge every second that we're on the floor."

Simpson shot 40.7 percent, including only 35.3 percent in the second half.

Clay Cook makes a move to the basket in the Knights' 74-67 win over Simpson Saturday night in Indianola. —**Nathan Ford**/*TRUMPET*

Knights pull away at Simpson

▸ **Continued from p. 8**

But through it all, Wartburg never let Simpson (14-5, 4-4) have anything easy. The Knights mixed in a 1-3-1 zone defense they haven't used much this year, and when the outside shots stopped falling for the Storm — they were 2-of-12 from 3-point range in the second half after a 7-of-15 start — frustration quickly set in.

"In studying film, we felt like that would be a good shake-up," Amsberry said. "They never really got comfortable. It allowed us to pull away."

Two weeks ago on Jan. 18, Simpson was plenty comfortable at Levick Arena, getting to the basket almost at will and connecting on 24-of-32 free throw attempts in a 77-70 victory.

Amsberry challenged his team's toughness after that game. Saturday's win was more than just a sigh of relief.

"Our team is, I think, confident that we can beat anybody in our league," Amsberry said.

No one on the floor was more confident than junior guard Bobbie Burrows. She hit three 3-pointers in each half, finishing with 22 points and a 6-of-10 mark from beyond the arc.

Wartburg knocked down 10-of-21 3-pointers for the game, including three in the first four minutes to open up a 13-5 advantage.

Women's basketball emphatically defeats Simpson on the road

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Back when Wartburg's women's basketball was riding high into Iowa Conference play after a 9-2 non-conference slate, most of the confidence a rather young team built up quickly diminished.

In dropping four of its first five IIAC games, Wartburg was outscored by an average of 40.3-25.8 in second halves after playing well in first halves, averaging a 34.8-31.8 advantage.

While you might still be able to point out offensive consistency issues, the team's toughness and resiliency cannot be questioned, at least for the time being.

Wartburg led from start to finish and knocked off Simpson 75-59 Saturday at Cowles Fieldhouse. It's Simpson's first home loss of the season and the first time the Knights have won back-to-back games in Indianola since 1996.

"From our first two conference games to now, I think we're night and day different," Wartburg (12-7, 3-5) head coach Bob Amsberry said.

That's an accurate description of the two halves of basketball around 431 fans witnessed Saturday, too.

Wartburg shot 62.5 percent, hit 6-of-10 3-pointers and built a 49-41 lead at halftime.

The Knights used an 11-2 run — highlighted by Kailey Kladivo's overhead swish with one second on the shot clock, followed by a silky smooth jumper 22 seconds later — to extend a nine-point lead to 70-52, then scored just five points in the remaining 10:41.

The teams combined for five more turnovers (22), then made field goals (17) in the second half. Wartburg's offensive rating (points per 100 possessions) dipped at an obscene rate, from 144.1 in the first 20 minutes to 73.0 in the final 20.

▸ **Knights pull away p. 7**

Another IIAC trophy

Head Coach Eric Keller and the Wartburg wrestlers hoist their 23rd straight Iowa Conference trophy Friday. —**Alyssa Noble**/*TRUMPET*

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The No. 1 Wartburg wrestling team earned yet another Iowa Conference trophy after their 35-3 win over No. 17 Coe Friday night.

The Knights have accumulated 23 consecutive conference championships and 33 overall. The title can be clinched outright with a win over Loras on Feb. 13.

"It's 23 years of people who have laid it on the line and made their minds up that they're going to continue the tradition, they're going to do whatever it takes to make it happen," Wartburg head coach Eric Keller said.

Wartburg (16-1, 6-0) started out strong, winning their first five matches against the Kohawks (7-8, 4-2).

No. 6 Jake Agnitsch put the first points on the board for the Knights with a 6-3 decision over Coe's Jan Rosenberg at 125.

Next up for the Knights, No. 6 Connor Campo won at 133 with a 15-9 decision against Mike Gussarson.

Eric Clarke defeated Luke Kremer at 141 by a 16-2 major decision to increase the team score to 10-0.

At 149, No. 2 Kenny Martin was the only Knight to pin his opponent, Josh Donkle.

No. 7 Drew Wagenhoffer won a 9-0 major decision over Ryan Donovan.

Wartburg's only loss came at 165 when No. 2 Farai Sewera beat Nick Michael 9-2.

No. 5 Brandon Welter turned the momentum back in Wartburg's favor after upsetting No. 4 Ryan Harrington in a close 3-1 decision.

"I'm so proud of how [Welter] wrestled. I think Brandon Welter has finally started to figure out just how good he can be," Keller said.

Gerard Roman performed the second upset of the night with a dominating 16-0 tech fall over No. 10 Donnie Horner.

The last match of the night resulted in another Wartburg major decision as No. 5 Ben Nagle defeated Nick Elsbury 16-3.

Keller attributes Wartburg's success to his team's hard work and right mindset.

"For us, our goal is that every single day we go into that room we have to get better, and that's for every single guy," said Keller.

"We've gotten to the point we're at right now because that's what we've done. Their sights are set high and their focus is on the daily process."

While this was a big win for the Knights, Keller already has his sights on the next competition.

The Knights compete in the Battle of the Burgs in Minneapolis Thursday, taking on No. 5 Augsburg at 7:30 p.m.

"This (win) is behind me," Keller said. "It's back to work."

Gerard Roman levels Donnie Horner in a dominant performance against the 10th-ranked 197-pounder. —**Alyssa Noble**/*TRUMPET*

UPCOMING SCHEDULE

Wednesday
W Basketball vs Coe (6 p.m.)
M Basketball vs Coe (8 p.m.)

Thursday
Wrestling at Augsburg (7:30 p.m.)

Friday
Wartburg ITF Select
M Tennis at Ashford (5:30 p.m.)

Saturday
Wartburg ITF Select
Wrestling at Wis.-Eau Claire Open
W Basketball vs Loras (2 p.m.)
M Basketball vs Loras (4 p.m.)

WATCH LIVE BASKETBALL

"WARTBURG'S LIVE STREAMING NETWORK"
KNIGHT VISION

Catch this week's Wartburg basketball games live on Knight Vision.

Both teams are looking for revenge after losses to Coe and Loras in the last two weeks.

The women dropped a two-point game in Cedar Rapids and a four-point game in Dubuque and will now look to jump up the standings with wins against the conference's second and third-place teams.

Meanwhile, Coe is tied atop the Iowa Conference men's standings while Loras handed Wartburg a one-point defeat.

Coverage begins Wednesday at 5:45 p.m. and Saturday at 1:45 p.m. at www.wartburg.edu/knightvision.
Both games can also be heard on Your Sound 89.9 KWAR with an online stream at www.wartburgcircuit.org/kwar.

IIAC MBB STANDINGS

Buena Vista	7-1	14-5
Coe	7-1	13-6
Dubuque	5-3	15-4
Wartburg	4-4	11-8
Central	3-5	10-9
Loras	3-5	8-11
Luther	2-6	6-13
Simpson	1-7	6-13

IIAC WBB STANDINGS

Dubuque	7-1	13-6
Coe	6-2	13-6
Luther	5-2	15-4
Loras	5-3	11-8
Simpson	4-4	14-5
Wartburg	3-5	12-7
Buena Vista	2-6	7-12
Central	0-8	9-10

IIAC WRESTLING STANDINGS

Wartburg	6-0	16-1
Luther	4-1	10-6
Coe	4-2	7-8
Dubuque	3-2	8-10
Central	2-3	7-3
Loras	2-3	8-10
Simpson	0-5	6-10
Buena Vista	0-5	1-12